

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>November 2024</h1> <h2>ASPEN</h2>						1 Physiotherapy PM 11:00 Name That Rock Tune, L (KDi) 2:00 Restorative Visits 3:00 Hand Therapy, Sol Diwali (Hindu)
3 9:30 Hymn Sing & Hand Massages (KD) 11:00 Worship Service – Church of Christ 1:30 Finish the Song Title, Sol (KD) Daylight Saving Time Ends	4 <b>Glamour Day (Pine, Spruce, Willow, Maple)</b> 9:30 Let's Get Physical, Sol	5 <b>Glamour Day (Aspen)</b> Physiotherapy PM 11:15 Restorative Visits <b>1:30 Birthday Party with Bob Cook, Aud</b> 3:00 Cyber Calls/Visits	6 1-1 Music Therapy 9:15 Café Visits <b>10:30 Roman Catholic Mass, Aud</b> <b>1:30 Spiritual Reflections, Sol</b> 3:30 Creative Colouring, Sol	7 Physiotherapy AM 11:00 1-1 Visits 11:45 Pizza Lunch Club, Aud <b>2:00 Resident Council Meeting, Aud</b> 1:45 Remembrance Day Craft, Sol 3:30 Welcome to November Chat, AR	8 Physiotherapy PM 9:30 Manicures & Music, AR (SN) 11:00 Giant Dice Game, Sol (SN) 1:30 Giant Crossword, Sol (SN) 2:00 Restorative Visits 3:00 Hand Therapy, Sol	2 <b>9:30 St. Mary's Catholic Church Visits</b> 11:00 November Trivia (MD) 3:30 Songs About Time (MD)
10 9:30 Hymn Sing & Hand Massages, Sol (GC) 11:00 Worship Service – Church of Christ 1:30 Name That Movie Title, L (GC)	11 9:30 Restorative Visits <b>10:30 Remembrance Day Service, Aud</b> 1:30 "Heroes & Home Fires" Sing Along, Sol 3:30 Category Word Game, Sol Veterans Day Remembrance Day (Canada)	12 Physiotherapy PM 9:30 All About Mustache's, Sol 9:30 Choir Practice, Aud 11:15 Let's Get Physical, Sol <b>1:30 Music with Maycourt Ladies, Aud</b> 3:00 Cyber Calls/Visits	13 <b>WORLD KINDNESS DAY</b> 1-1 Music Therapy 9:30 Café Visits 11:00 Hand Bells, Sol <b>1:30 Spiritual Reflections, Sol</b> 3:30 Manicures & Music, AR	14 <b>"Christmas Cheer &amp; Decking the Halls"</b> 11:00 Anglican Communion, Aud <b>2:00 Apple Cider Social &amp; Christmas Music, Sol</b>	15 Physiotherapy PM 9:30 Sing Along, Sol (MD) 2:00 Restorative Visits 3:00 Hand Therapy, Sol	16 <b>9:30 St. Mary's Catholic Church Visits</b> 11:00 What Am I? 3:30 Active Game, Sol.
17 9:30 Hymn Sing & Hand Massages (MD) 11:00 Worship Service – Church of Christ 1:30 Finish the Song Title (MD)	18 9:30 Choir Practice, Aud 9:30 Let's Get Physical, Sol 11:00 One Hit, That's It, Sol 1:30 Bingo, Sol	19 Physiotherapy PM 9:30 Knit & Chat, Sol 11:00 It's All Cliché, AR <b>1:30 Entertainment with Tim Stirrup, Aud</b> 3:00 Cyber Calls/Visits	20 1-1 Music Therapy 9:30 Café Visits 11:00 Let's Pack Word Game, AR <b>1:30 Spiritual Reflections, Sol</b> 3:30 Music in the Solarium with DJ Ron	21 Physiotherapy AM <b>10:30 Painting with Olivia, Sol</b> 11:15 Sparkling Specs 1:30 Obie Interactive Game, Sol 3:30 Visits to the Sale <b>3-7 Twilight Sale Auditorium/Cafe</b>	22 Physiotherapy PM 9:30 Ring Toss, Sol (SN) 11:00 (SN) 1:30 Creative Crafts, Sol (SN) 3:30 Manicures & Music, AR (SN)	23 <b>9:30 St. Mary's Catholic Church Visits</b> 11:00 Word Trivia, Sol (AB) 3:30 Active Game Time!, Sol (AB)
24 9:30 Hymn Sing & Hand Massage (AB) 11:00 Worship Service – Church of Christ 1:30 Slides and Ladders, L (AB)	25 9:30 Choir Practice, Aud 11:15 Sparkling Specs 1:30 Baking, Sol 3:30 Enjoy Our Baking 6:00 Name that Country Artist, AR	26 Physiotherapy PM 9:30 Hand Bells, Sol 11:15 Restorative Visits <b>11:00 United Communion, QS</b> <b>1:30 Music with Maycourt Ladies, Aud</b> 3:00 Cyber Calls/Visits	27 1-1 Music Therapy 11:00 Rock & Roll Trivia, AR <b>1:30 Spiritual Reflections Memorial, Sol</b> 3:30 Remembering Watching American Bandstand, Sol	28 Physiotherapy AM 9:30 Café Visits 11:00 Knit & Chat, Sol 1:30 Obie Interactive Game, Sol 3:30 Magazine Scavenger Hunt, AR Thanksgiving Day	29 Physiotherapy PM 9:30 Ann Margret Bio & Music, Sol (MD) 2:00 Restorative Visits 3:00 Hand Therapy, Sol	30 <b>9:30 St. Mary's Catholic Church Visits</b> <b>10-12 Staff Children's Christmas Party sponsored by Resident Council, Auditorium</b> 3:30 Giant Dice (CR)

Programs on the calendar are subject to change. Please check your activity board daily for any updates.